

# Washtenaw Community College Comprehensive Report

## ACS 111 College Success Seminar Effective Term: Winter 2019

### Course Cover

**Division:** Humanities, Social and Behavioral Sciences

**Department:** English & College Readiness

**Discipline:** Academic Skills (new)

**Course Number:** 111

**Org Number:** 11100

**Full Course Title:** College Success Seminar

**Transcript Title:** College Success Seminar

**Is Consultation with other department(s) required:** No

**Publish in the Following:** College Catalog , Time Schedule , Web Page

**Reason for Submission:** Three Year Review / Assessment Report

**Change Information:**

**Consultation with all departments affected by this course is required.**

**Outcomes/Assessment**

**Objectives/Evaluation**

**Rationale:** Updates after completion of assessment report.

**Proposed Start Semester:** Winter 2019

**Course Description:** In this course, students will analyze and evaluate the beliefs, attitudes, behaviors and skills that lead to academic, career and personal success. Through self-assessment, readings, activities and journal writing, students will synthesize data in order to improve self-management, increase self-esteem and maximize learning. Other topics include money management, effective use of college resources, critical thinking and decision-making and effective writing and communication. Academic, career and personal goal setting will be explored. The title of this course was previously First Year Experience Seminar.

### Course Credit Hours

**Variable hours:** No

**Credits:** 3

**Lecture Hours: Instructor:** 45 **Student:** 45

**Lab: Instructor:** 0 **Student:** 0

**Clinical: Instructor:** 0 **Student:** 0

**Total Contact Hours: Instructor:** 45 **Student:** 45

**Repeatable for Credit:** NO

**Grading Methods:** Letter Grades

Audit

**Are lectures, labs, or clinicals offered as separate sections?:** NO (same sections)

### College-Level Reading and Writing

College-level Reading & Writing

### College-Level Math

No Level Required

### Requisites

## **General Education**

### **Request Course Transfer**

#### **Proposed For:**

Eastern Michigan University  
Michigan State University  
University of Michigan

### **Student Learning Outcomes**

1. Analyze the beliefs, attitudes, behaviors and skills that lead to academic, career and personal success.

#### **Assessment 1**

Assessment Tool: Departmental exit exam

Assessment Date: Winter 2021

Assessment Cycle: Every Three Years

Course section(s)/other population: A random sample of at least 2 sections

Number students to be assessed: All students in selected sections with a minimum of one full section

How the assessment will be scored: Departmentally-developed rubric

Standard of success to be used for this assessment: 75% of students will score 75% or higher

Who will score and analyze the data: ACS instructors will grade the exit exam as a part of the course. Scores will be uploaded at the end of each term to the ACS Instructor Resource Site.

Scores will be compiled and analyzed after 3 years.

2. Evaluate current strengths as well as areas that need development with regard to academic, career and personal success.

#### **Assessment 1**

Assessment Tool: Final paper

Assessment Date: Winter 2021

Assessment Cycle: Every Three Years

Course section(s)/other population: A random sample of at least 2 sections

Number students to be assessed: All students in selected sections with a minimum of one full section

How the assessment will be scored: Departmentally-developed rubric

Standard of success to be used for this assessment: 75% of the students will score 75% or higher

Who will score and analyze the data: Departmental and teaching faculty will score it as part of the class and upload the information to the ACS instructor resource site

### **Course Objectives**

1. Take First Steps toward Success: A. Create a current and accurate self-portrait. B. Identify beliefs, attitudes and behaviors of successful students.
2. Take Charge of Your Life: A. Adopt a "creator" or "author" role. B. Master "creator" or "author" language. C. Make wise choices. D. Change the inner conversation.
3. Discover Self-Motivation: A. Create inner motivation by discovering your own personally meaningful goals and dreams. B. Design a compelling Life Plan using the DAPPS (Dated, Achievable, Personal, Positive, Specific) rule for goal setting. C. Write affirmations that reinforce the personal qualities needed to achieve your dreams.
4. Improve Personal Self-Management: A. Identify your personality type and how it affects your self-management. B. Employ the Quadrant II time management system. C. Select and employ self-management tools.
5. Develop Interdependence and Enhance Relationships: A. Develop mutually supportive relationships by learning and applying the principle of interdependence. B. Create a support network by identifying

- faculty, classmates, family members and others who are committed to your success. C. Learn to establish and strengthen relationships through active listening and assertive communication.
6. Maximize Learning and Become an Effective Life-Long Learner: A. Take charge of your learning through the use of deep, lasting active learning techniques. B. Identify Preferred Learning Styles. C. Make and learn from life course corrections through critical questioning and self-examination. D. Increase self-respect through living with integrity and keeping commitments.
  7. Make Wise Choices in College: A. Recognize college customs and develop college success skills. B. Apply effective note-taking techniques. C. Develop effective study skills.
  8. Increase Self-Awareness: A. Recognize when you are off course in your academic and personal life. B. Identify cognitive, emotional and behavioral "life scripts" and "core beliefs" which affect your life. C. Rewrite "outdated scripts" and develop "new success rules."
  9. Strengthen Emotional Intelligence: A. Identify the four components of emotional intelligence and develop an awareness of your own emotions. B. Reduce stress while increasing the inner sense of well-being and happiness.
  10. Develop Creative and Critical-Thinking Skills: A. Employ critical thinking by constructing logical arguments using reasons, evidence and conclusions. B. Develop critical thinking and problem-solving skills by applying "On Course" strategies to challenging real-life case studies and situations.
  11. Believe in Yourself and Raise Self-Esteem: A. Explore the importance of self-acceptance, self-respect, assertiveness, inner conversations and self-love in being successful in both college and life. B. Develop a self-care plan.
  12. Explore Career Options and Identify College Majors: A. Assess career options based upon interest, personality type, values and other research. B. Identify college majors that will lead to the identified careers.
  13. Manage Your Money: A. Apply techniques to increase income and decrease expenses.
  14. Connect to the college community: A. Participate in student activities. B. Identify and interview one faculty or staff member within the WCC community.
  15. Stay On Course to Success: A. Assess your current beliefs, attitudes and behaviors. B. Compare your Pre- "Self Assessment" scores to the Post- "Self Assessment" scores. C. Compare your current beliefs, attitudes and behaviors to those of successful students.

## New Resources for Course

### Course Textbooks/Resources

#### Textbooks

Skip Downing. *On Course: Strategies for Creating Success in College and In Life.* , 8th Ed. ed. Boston: Wadsworth, Cengage Learning, 2017, ISBN: 1305397479.

#### Manuals

#### Periodicals

#### Software

### Equipment/Facilities

Level III classroom

<u>Reviewer</u>	<u>Action</u>	<u>Date</u>
<b>Faculty Preparer:</b> <i>Jessica Hale</i>	<i>Faculty Preparer</i>	<i>Apr 11, 2018</i>
<b>Department Chair/Area Director:</b> <i>Jessica Hale</i>	<i>Recommend Approval</i>	<i>Apr 11, 2018</i>
<b>Dean:</b> <i>Kristin Good</i>	<i>Recommend Approval</i>	<i>Apr 12, 2018</i>
<b>Curriculum Committee Chair:</b> <i>David Wooten</i>	<i>Recommend Approval</i>	<i>Apr 25, 2018</i>

**Assessment Committee Chair:**

*Michelle Garey*

*Recommend Approval*

*Apr 26, 2018*

**Vice President for Instruction:**

*Kimberly Hurns*

*Approve*

*Apr 27, 2018*